

# The Directions

# God in All of Creation

Psalms 104:24-25 - How many are your works, Lord! In wisdom you made them all; the earth is full of your creatures. There is the sea, vast and spacious, teeming with creatures beyond number— living things both large and small.

## Psalm 96:11-12

Let the heavens rejoice, let the earth be glad; let the sea resound, and all that is in it. Let the fields be jubilant, and everything in them; let all the trees of the forest sing for joy. Job 12: 7-10 - But ask the animals, and they will teach you, or the birds in the sky, and they will tell you or speak to the earth, and it will teach you, or let the fish in the sea inform you. Which of all these does not know that the hand of the Lord has done this? In his hand is the life of every creature and the breath of all mankind.

John 1:3 - Through him all things were made; without him nothing was made that has been made.

Romans 1:20 - For since the creation of the world God's invisible qualities—his eternal power and divine nature—have been clearly seen, being understood from what has been made, so that people are without

## Peace Before Us, Peace Behind Us (By David Haas) Peace before us Peace behind us Peace under our feet Peace within us Peace over us Let all around us be peace.

SOUTH

Represents innocence, creativity, wonder, awe; the wisdom of the young. SEASON: Summer. ELEMENT: Earth. SHARE: Name a childhood memory.

**The Growing Seed** (by Chaplain Donnel) The sun grows the seed, the sun grows the seed Feel the warm light, the sun grows the seed The rain grows the seed, the rain grows the seed Feel the fresh water, the rain grows the seed **CHORUS:** In the dark, seek the light

Feel me grow through the night (2X) The dirt grows the seed, the dirt grows the seed Feel the compost, the dirt grows the seed The air grows the seed, the air grows the seed Feel the wind blow, the air grows the seed

may the sun bring you new energy by day, may the moon softly restore you by night, may the rain wash away your worries, may the breeze blow new strength into your being.

may you walk gently through the world and know its beauty all the days of your life.

# WEST

Is where the sun sets; end of the day; Whatever is done is done, let it be. Learn to let go and notice the blessings of your work. SEASON: Fall. ELEMENT: Water. SHARE: Name an accomplishment.

## All Around Everywhere (by Ellen Allard)

All around everywhere All around everywhere **Holy holiness** 

- In the highest sky, in the deepest sea
- In my heart, in your soul
- Every step, every breath
- As with me, so with you
- In the light, in the dark
- All around, everywhere

## Earth Teach Me to Remember

(An Ute Prayer) Earth teach me stillness as the grasses are stilled with light. Earth teach me suffering as old stones suffer with memory. Earth teach me humility as blossoms are humble with beginning. Earth Teach me caring as the mother who secures her young. Earth teach me courage as the tree which stands alone. Earth teach me limitation as the ant which crawls on the ground. Earth teach me freedom as the eagle which soars in the sky. Earth teach me resignation as the leaves which die in the fall. Earth teach me regeneration as the seed which rises in the spring. Earth teach me to forget myself as melted snow forgets its life. Earth teach me to remember kindness as dry fields weep in the rain.

## Our Tears Falling Down Like Rain (by Paul Vasile; Psalm 126:6) Our tears, falling down like rain to the ground will water seeds of change

Let it be, let it be, let it be, let it be

What is Done is Done (by Kerry Meyer) Now the day is over What is done is done Undone still the many things we long to do Our restless hearts will find their rest O God in You

## SPIRIT OF WISDOM

(by Daniel Iverson 1926) Spirit of Wisdom, fall afresh on me Spirit of Wisdom, fall afresh on me. Melt me, mould me, fill me, use me. Spirit of Wisdom fall afresh on me. OR

Spirit of the living God, fall afresh on me Spirit of the living God fall afresh on me. Melt me, mould me, fill me, use me. Spirit of the living God, fall afresh on me.

> Breathe (by Marie Barnett) This is the air I breathe This is the air I breathe Your holy presence, living in me This is my daily bread This is my daily bread Your very word, spoken to me And I...I'm desperate for you And I...I'm lost without you 2X

# NORTH

Represents the old, the ancients; the wisdom of our elders and ancestors. **ELEMENT: Air. SEASON: Winter.** 

SHARE: Name a guide or mentor. OR your source of wisdom as you go through your dark winter, or your storms?

This Shadow (by Chaplain Donnel) This shadow is a passing thing Even darkness must pass A new day will come, a new day will come The sun will shine the clearer

# EAST

Is where the sun rises. It represents new beginnings, spiritual birth and awakening. **SEASON: Spring. ELEMENT: Fire.** 

SHARE: Name a vision that you have for your future. A deep yearning of a wisdom that will lead to your thriving and flourishing.

#### Psalm 91 On Eagle's Wings (by Michael Joncas)

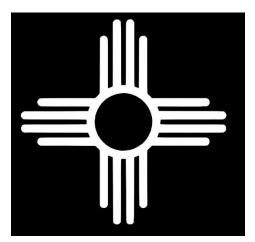
You who dwell in the shelter of the Lord Who abide in His shadow for life Say to the Lord "My refuge, my rock in whom I trust!"

## CHORUS:

And He will raise you up on eagles' wings Bear you on the breath of dawn Make you to shine like the sun And hold you in the palm of His hand.

The snare of the fowler will never capture you And famine will bring you no fear Under His wings my refuge His faithfulness your shield.

You need not fear the terror the night Nor the arrow that flies by day Though thousands fall about you Near you death shall not come.



## **BECAUSE YOU LOVED ME**

(Celine Dione) For all those times you stood by me For all the truth that you made me see For all the joy you brought to my life For all the wrong that you made right For every dream you made come true For all the love I found in you I'm grateful for each day you gave me You're the one who held me up Never let me fall You're the one who saw me through, through it all CHORUS You were my strength when I was weak You were my voice when I couldn't speak You were my eyes when I couldn't see You saw the best there was in me Lifted me up when I couldn't reach You gave me faith 'cause you believed I'm everything I am Because you loved me You gave me wings and made me fly You touched my hand, I could touch the sky I lost my faith, you gave it back to me You said no star was out of reach You stood by me and I stood tall I had your love, I had it all I'm grateful for each day you gave me Maybe I don't know that much But I know this much is true I was blessed because I was loved by you (BACK TO CHORUS)

## THIS LITTLE LIGHT OF MINE

(by Harry Dixon Loes) This little light of mine I'm gonna let it shine This little light of mine I'm gonna let it shine This little light of mine I'm gonna let it shine Let it shine let it shine let it shine

- Deep down in my heart ...
- Everywhere I go ...

In moments of darkness, may you begin to see a flicker of light sparkling in the distance, dancing next to you, and illuminating your path, and... May the small light you see remind you of the light that lives within you. Amen. ng for Light" by Chaplain Alisa)

# May I Be Empty

(by Batya Levine) May I be empty and open to receive the light May I be empty and open to receive (2X) May I be full and open to receive the light May I be full and open to receive

## (2X)

## May the Light of Love

(White Sun, adapted by Chaplain Donnel) May the light of love shine upon you All life surround you And the pure light within you Guide your way home