

LEADER'S GUIDE – THE FOUR DIRECTIONS

Peace Before Us, Peace Behind Us (By David Haas)

Peace before us
Peace behind us
Peace under our feet
Peace within us
Peace over us
Let all around us be peace.

SOUTH

Represents innocence, creativity, wonder, awe; the wisdom of the young. The season for the south is summer. Element: Earth.

SHARE: Name a childhood memory.

The Growing Seed (by Chaplain Donnel) – NO CAPO

D G Em
The sun grows the seed, the sun grows the seed
D A D
Feel the warm light, the sun grows the seed
D G Em
The rain grows the seed, the rain grows the seed
D A D
Feel the fresh water, the rain grows the seed
G Em A D
CHORUS: In the dark, seek the light
G Em A D
Feel me grow through the night (2X)
D G Em
The dirt grows the seed, the dirt grows the seed
D A D
Feel the compost, the dirt grows the seed
D G Em
The air grows the seed, the air grows the seed
D A D
Feel the wind blow, the air grows the seed

Earth Teach Me to Remember

(An Ute Prayer)

Earth teach me stillness
as the grasses are stilled with light.
Earth teach me suffering
as old stones suffer with memory.
Earth teach me humility
as blossoms are humble with beginning.
Earth Teach me caring
as the mother who secures her young.
Earth teach me courage
as the tree which stands alone.
Earth teach me limitation
as the ant which crawls on the ground.
Earth teach me freedom
as the eagle which soars in the sky.
Earth teach me resignation
as the leaves which die in the fall.
Earth teach me regeneration
as the seed which rises in the spring.
Earth teach me to forget myself
as melted snow forgets its life.
Earth teach me to remember kindness
as dry fields weep in the rain.

All Around Everywhere (by Ellen Allard)

Am C
All around everywhere
G C Am
All around everywhere
Am C Am
Holy holiness

- In the highest sky, in the deepest sea
- In my heart, in your soul
- Every step, every breath
- As with me, so with you
- In the light, in the dark
- All around, everywhere



WEST

Is where the sun sets; end of the day; Whatever is done is done, let it be.

Season: Fall. Learn to let go and notice the blessings of your work.

Element: Water.

SHARE: Name an accomplishment.

What is Done is Done (3rd F)

(by Kerry Meyer)

Am
Now the day is over
Am G E
What is done is done
G Am C D E
Undone still the many things we long to do
G C
Our restless hearts will find their rest
Am E Am
O God in You

Our Tears Falling Down Like Rain (3thF)

(by Paul Vasile; Psalm 126:6)

Am D
Our tears, falling down
C Am
like rain to the ground
Am G E
will water seeds of change

Am D
Let it be, let it be,
C Am
let it be, let it be
Am G Am
Let it be, O let it be

Spirit of Wisdom Fall Afresh on Me (1st F)

D Em - D G D A D
Spirit of Wis - dom, fall afresh on me.
D Em - D G D A D
Spirit of Wis - dom, fall afresh on me.
G D E A - A7
Melt me, mould me, fill me, use me.
D Em - D G D A D
Spirit of Wis - dom, fall afresh on me.

Spirit of the Loving God...

NORTH

Represents the old, the ancients; the wisdom of our elders and ancestors.

Element: Air. Season: Winter.

SHARE: Name a guide or mentor. OR your source of wisdom as you go through your dark winter, or your

Breathe (by Marie Barnett)

2nd FRET [INTO] G-C

G-C / This is the air I breathe
G-C / This is the air I breathe
G-D-Em-D / Your holy presence
C-Em-D / Living in me
G-C / This is my daily bread
G-C / This is my daily bread
G-D-Em-D / Your very word
C-Em-D / Spoken to me
G-D-Em / And I...
D-C-Em-D / I'm desperate for you
G-D-Em / And I...
D-C-Em-D / I'm lost without you (*G)
2X

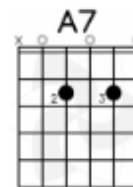
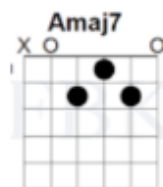
ON EAGLE'S WINGS

Psalm 91

(Michael Joncas)

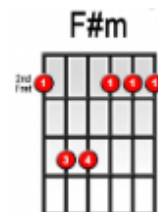
[Intro]

Fm A7 *Esus4 - E A
(Not sung: And hold you in the palm of his hand)



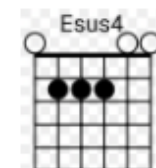
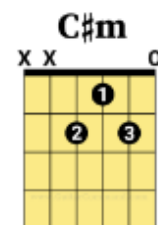
[Verse]

D Amaj7
You who dwell in the shelter of the Lord,
D Amaj7
Who abide in His shadow for life,
C Am
Say to the Lord: "My refuge,
C Dm Esus4 - E
My rock in whom I trust!"



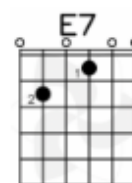
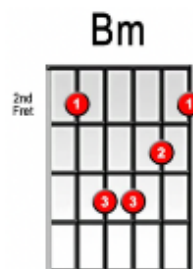
[Chorus]

A Amaj7
And he will raise you up on eagle's wings,
Bm E7
Bear you on the breath of dawn,
A A7 D
Make you to shine like the sun,
Fm A7 *Esus4 - E A
And hold you in the palm of His hand. (*NO MID FINGER IN Esus4)



[Verse]

D Amaj7
The Snare of the Fowler will never capture you,
D Amaj7
And famine will bring you no fear;
C Am
Under his wings your refuge,
C Dm Esus4 - E
His faithfulness your shield.



[Chorus]

A Amaj7
And he will raise you up on eagle's wings,
Bm E7
Bear you on the breath of dawn,
A A7 D
Make you to shine like the sun,
Fm A7 *Esus4 - E A
And hold you in the palm of His hand. (*NO MID FINGER IN Esus4)

[Verse]

D Amaj7
You need not fear the terror of the night,
D Amaj7
Nor the arrow that flies by day;
C Am
Though thousands fall about you,
C Dm Esus4 - E
Near you it shall not come

[Chorus]

A Amaj7
And he will raise you up on eagle's wings,
Bm E7
Bear you on the breath of dawn,
A A7 D
Make you to shine like the sun,
Fm A7 *Esus4 - E A
And hold you in the palm of His hand. (*NO MID FINGER IN Esus4)

[Verse]

D Amaj7
For to his angels he's given a command,
D Amaj7
To guard you in all of your days;
C Am
Upon their hands they will bear you up,
C Dm Esus4 E
Lest you dash your foot against a stone

[Chorus]

A Amaj7
And he will raise you up on eagle's wings,
Bm E7
Bear you on the breath of dawn,
A A7 D
Make you to shine like the sun,
Fm A7 *Esus4 - E A
And hold you in the palm of His hand. (*NO MID FINGER IN Esus4)
Fm A A7 Esus4 - E A
And hold you, hold you in the palm of His hand.

Because You Loved Me Chords

Celine Dion

Capo on FRET 3

V1

Intro: Gsus4 - G

C
For all those times you stood by me
F
For all the truth that you made me see
Am7
For all the joy you brought to my life
Gsus4 G
For all the wrong that you made right
Em
For every dream you made come true
F
For all the love I found in you
Gsus4 G
I'm grateful for each day you gave me

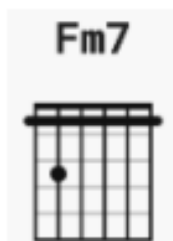
[Pre-chorus]

Bb Am7
You're the one who held me up
Dm
Never let me fall
Fm7 Gsus4 G
You're the one who saw me through, through it all

[Chorus]

C
You were my strength when I was weak
F
You were my voice when I couldn't speak
Am
You were my eyes when I couldn't see
G
You saw the best there was in me
Em
Lifted me up when I couldn't reach
F Bb
You gave me faith 'coz you believed
Gsus4 G
I'm everything I am
C Gsus4 - G
Because you loved me

Gsus4



V2

C
You gave me wings and made me fly
F
You touched my hand I could touch the sky
Am
I lost my faith, you gave it back to me
Gsus4 G
You said no star was out of reach
Em
You stood by me and I stood tall
F
I had your love I had it all
Gsus4 G
I'm grateful for each day you gave me

[Pre-chorus]

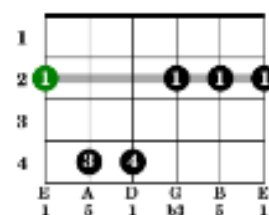
Bb Am7
Maybe I don't know that much
Dm
But I know this much is true
Fm7 Gsus4 G
I was blessed because I was, loved by you

[BACK TO Chorus]

C
[Bridge]
E7
You were always there for me
Am
The tender wind that carried me
E7 Am
A light in the dark shining your love into my life
Dm
You've been my inspiration
Em Am7
Through the lies you were the truth
Gsus4 G
My world is a better place because of you

[BACK TO Chorus]

F#m



THIS SHADOW is a passing thing

(by Chaplain Donnel) 3rd FRET

Am D Am
This shadow is a passing thing
C G7 Am
Even darkness must pass
G
A new day will come
Am
A new day will come
E7-E Am
The sun will shine the clearer

THIS LITTLE LIGHT OF MINE

(by Harry Dixon Loes)

G
This little light of mine, I'm gonna let it shine
C Am7 D
This little light of mine, I'm gonna let it shine
G B7 Em
This little light of mine, I'm gonna let it shine
G D C - G
Let it shine let it shine let it shine

- Deep down in my heart...
- Everywhere I go...

EAST

Is where the sun rises. It represents new beginnings, spiritual birth and awakening.

SEASON: Spring. Element: Fire.

SHARE: Name a vision that you have for your future. A deep yearning of a wisdom that will lead to your thriving and flourishing.



**In moments of darkness,
may you begin to see
a flicker of light sparkling in the distance,
dancing next to you,
and illuminating your path,
and...
May the small light you see remind you
of the light that lives within you.
Amen.**

(“A Blessing for Light” by Chaplain Alissa)

MAY I BE EMPTY (2nd Fret)

D A C D
May I be empty and open to receive the light
D A G
May I be empty and open to receive
D A C D
May I be empty and open to receive the light
D A G (D to close)
May I be empty and open to receive

May I be full...

May the Light of Love (White Sun, adapted by

Chaplain Donnel)

2nd FRET (Chords: D – G – A)

May the light of love shine upon you
All life surround you
And the pure light within you
Guide your way home