

# Counseling Resources in Santa Fe

(\*NOTE: Resources are not limited to this list)

## Life Healing Center (In-patient)

[Life-Healing.com](http://Life-Healing.com)

855-861-7273

25 Vista Point Road

Santa Fe, NM 87508

### Payment Options:

- Blue Cross Blue Shield (including federal employee plans)
- Aetna
- Presbyterian Health
- Can work with other private insurance plans with verification
- Does NOT accept Medicaid or Medicare

### Services:

- Mental health management
- Trauma
- Addiction
- Individual, group, and family therapy available

## Presbyterian Medical Services – Behavioral Health

[PMSNM.org/Services/Behavioral-Health](http://PMSNM.org/Services/Behavioral-Health)

Santa Fe Community Guidance Center

505-986-9633

2960 Rodeo Park Dr.

Santa Fe, NM 87505

## Santa Fe Family Wellness Center

505-471-5006

2504 Camino Entrada

Santa Fe, NM 87507

### Payment Options:

- Medicaid
- Medicare
- Private Insurance
- Sliding scale based on income

### Services:

- Mental health management
- Substance use
- Psychiatric medication management
- Community support and crisis intervention
- Therapy for youth and adults available

# Psychotherapy & Pastoral Counseling Associates (PPCA) - Bilingual

[PPCASantaFe.org](http://PPCASantaFe.org)

505.988.4131 ext. 116

2019 Galisteo St. Suite M 1

Santa Fe, NM 87507

## Payment Options:

- “Most New Mexico Insurance”
- Medicaid
- Medicare
- Sliding scale

## Services:

- Behavioral health management (including grief support)
- Services available for adults, couples, families, children, parents, and caregivers
- Bi-lingual

## Santa Fe Sage Counseling Center

[SFSageCounseling.com](http://SFSageCounseling.com)

505.982.8098

In St. Francis Office Park:

1223E S. St. Francis Dr.

Santa Fe, NM 87505

## Payment Options:

- Medicaid
- Presbyterian
- Blue Cross Blue Shield
- NM Health Connections
- United
- Molina
- Unable to accept Medicare

## Services:

- Trauma Therapy
- Grief & loss
- Substance Use
- Services available for adults, families, and children

## Southwest Family Guidance Center (family + kids)

[SWFamily.com](http://SWFamily.com)

505.310.4764

4001 Office Court Dr.

Suite 603

Santa Fe, NM 87507

Payment Options:

- Medicaid
- Presbyterian
- United
- Out of Pocket
  - Initial Intake: \$65
  - Regular Session: \$55

Services:

- Individual and family therapy in office
- In-home and in-school counseling for children
- “Thriving kids” parenting program

## **Tierra Nueva Counseling Center** (low-cost available)

TierraNuevaCounseling.org

505.471.8575

3952 San Felipe Rd.

Santa Fe, NM 87507

Payment Options:

- Medicaid
- Blue Cross Blue Shield
- Presbyterian
- Western Skies

Put of pocket:

***Counselor in-training***

- Individual: \$25
- Family: \$30
- Group: \$10

***Licensed counselor***

- Individual: \$90
- Family: \$95
- Group: \$30

Services:

- Individual and family counseling (including children 3+)
- Group therapy
- Art therapy
- Treatment for chronic and acute mental illness

## **Rebecca A. Lehnen** (Bilingual)

RebeccaLehnen.com

(505) 490-2832

1010 Marquez Place

Suite D5

Santa Fe, NM 87505

Payment Options:

- Medicare
- Blue Cross Blue Shield
- Presbyterian
- NM Health Connections
- True Health NM

Services:

- Mental health management including depression, trauma, loss, and substance use
- Services available for individuals, families, and children 13+
- Bi-lingual