# The Four Elements

#### Spirit's Calling (by Beautiful Chorus)

Be the love
Be the light
Hear your voice
Spirit's calling
You are the love
You are the light
You are the light
Spirit's calling

2X

Awaken to the rhythm
Of the falling rain
Surrender to the moment
Let it wash your pain away
2X

# Through the Rain (by Mariah Carey)

V.1

When you get caught in the rain
With nowhere to run
When you're distraught and in pain
Without anyone
When you keep crying out to be saved
But nobody comes
And you feel so far away
That you just can't find your way home
Finding hope til you've flown
It's okay, once you say

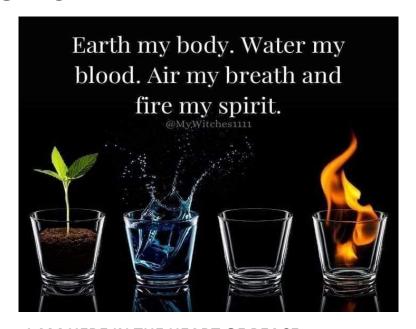
#### **CHORUS**

I can make it through the rain
I can stand up once again
Heal in love and I know
That I'm strong enough to mend
And every time I feel afraid
I hold tighter to my faith
And I live one more day
And I make it through the rain
V.2

And if you keep, falling down
Don't you dare give in
You will arise safe and sound
So keep pressing, on steadfastly
And you'll find what you need
to prevail once you say

#### [CHORUS]

And when the wind blows
As shadows grow close, don't be afraid
There's nothing you can't face
And should they tell you
You'll never pull through
Don't hesitate - stand tall and say
[CHORUS]



#### I AM HERE IN THE HEART OF PEACE (by Erin McGaughan)

I am here in the heart of peace.
Peace is here in the heart of me.
Like the wave in the ocean
and the ocean in the wave.
I am here in the heart of peace

I am here in the Heart of love. Love is here in the heart of me. Like the flame in the fire and fire in the flame I am here in the heart of love. I am here in the heart of hope. Hope is here in the heart of me. Like the wind in the springtime and the springtime in the wind. I am here in the heart of hope.

I am here in the heart of faith.
Faith is here in the heart of me.
Like the rock in the mountain
and the mountain in the rock.
I am here in the heart of faith.

#### **Put Your Roots Down**

(by Molly Hartwell)
Put your roots down
Put your feet on the ground
You can hear the earth sing
If you listen
(2X)

It's the same sound of the river
As it moves across the stones
It's the same sound as the blood in your body
As it moves across your bones
Are you listening
Are you listening

## IN THIS CIRCLE

(by Joan McMullen)
In this circle, no fear
In this circle, safety
In this circle, greatest love of all
In this circle, deep peace

In this journey
In this body
This moment

# May the Light of Love (White Sun, adapted by

Chanlain Donnel

May the light of love shine upon you All life surround you And the pure light within you Guide your way home

#### I've Got a River of Life (by Marcus & Marketo)

V1. I've got a river of life flowing within me; It makes the lame to walk and the blind to see. O I got the river of life flowing out of me. It opens prison doors, sets the captives free. I've got a river of life flowing within me. **CHORUS:** 

Spring up, O well, inside my soul! Spring up, O well, and make me whole! Spring up, O well, inside my soul!

V2. I've got a river of life flowing within me; It started gushing up when Love set me free. That I keep the flow is my only plea.

I've got a river of life springing within me,

**ROCK:** 

Psalms 18:2 - The Lord is my rock, my fortress and my deliverer; my God is my rock, in whom I take refuge, my shield and the horn of my salvation, my stronghold.



# SACRED

FIRE: Exodus 13:2

he Lord was going before them in a pillar of fire by night to give them light. Acts 2:3 - And there appeared tongues of fire, and it rested on each of them. Song of



Solomon -Love flashes like fire, the brightest kind of flame.

# Firework (by Katy Perry)

[V.1] Do you ever feel like a plastic bag, drifting through the wind, wanting to start again? Do you ever feel, feel so paper thin like a house of cards one blow from caving in? Do you ever feel, already buried deep six feet under screams but no one seems to hear a thing Do you know that there's still a chance for you 'Cause there's a spark in you, you just gotta

[PRE-CHORUS] Ignite, the light, and let it shine Just own the night like the 4th of July [CHORUS] 'Cause baby you're a firework Come on, show 'em what you're worth Make 'em go "Oh, oh, oh" As you shoot across the sky-y-y Baby, you're a firework Come on, let your colors burst Make 'em go "Oh, oh, oh" You're gonna leave 'em all in awe, awe, awe

[V.2] You don't have to feel like a waste of space You're original, cannot be replaced If you only knew what the future holds After a hurricane comes a rainbow Maybe your reason why all the doors are closed So you could open one that leads you to the perfect road Like a lightning bolt, your heart will blow And when it's time, you'll know, you just gotta [Pre-Chorus] + [Chorus]

# Sending You Light (By Melanie DeMore)

I am sending you Light, To heal you, To hold you I am sending you Light, To hold you in Love I am sending you Light, To heal you, To hold you I am sending you Light, To hold you in Love

No matter where you go No matter where you've been You'll never walk alone I feel you deep within, so...

No matter what you feel or what you choose to show I'm always there for you And so I want you to know, that ...

I walk the path with you Go slow dear one don't hurry I'll go just like you need to go There is no need to worry, cause ...

# LIVING WATER:

Isaiah 35:6-7 I am making way in the

desert and streams in the wasteland.

> Isaiah 66:12 - I will extend peace like a river. John 7:38 - Out of his heart will flow rivers of living water.



#### WIND:

John 3:8 -The wind blows where it wishes. and you hear the sound of it. but

cannot tell where it comes from and where it goes. So is everyone who is born of the Spirit. Ezekiel 37:5 - Behold I will cause breath to enter you that you may come to life

# May The Light of Your Soul Guide You

by John O'Donohue

May the Light of Your Soul Guide You.

May the light of your soul bless the work that you do with the secret love and warmth of your heart. May you see in what you do the beauty of your own soul.

May the sacredness of your work bring healing, light and renewal to those who work with you and to those who see and receive your work.

May your work never weary you. May it release within you wellsprings of refreshment, inspiration and excitement.

May you be present in what you do.

May you never become lost in bland absences. May the day never burden.

May dawn find you awake and alert,

approaching your new day with dreams, possibilities and promises.

May evening find you gracious and fulfilled.

May you go into the night blessed, sheltered and protected.

May your soul calm, console and renew you.

## **Our Tears Falling Down Like Rain**

(by Paul Vasile; Psalm 126:6) Our tears, falling down like rain to the ground will water seeds of change Let it be, let it be, let it be Let it be, O let it be

Breathe (by Marie Barnett)

This is the air I breathe This is the air I breathe Your holy presence, living in me This is my daily bread This is my daily bread Your very word, spoken to me And I...I'm desperate for you And I...I'm lost without you 2X