

On Becoming Living Bread for Others

PEACE ALL AROUND US

(by David Haas)

Peace before us, peace behind us
 Peace under our feet.
 Peace within us
 Peace over us
 Let all around us be peace



ONE VOICE (by Wailin Jennys)

This is the sound of one voice
 One spirit, one voice
 The sound of one who makes a choice
 This is the sound of one voice
 This is the sound of one voice

This is the sound of voices two
 The sound of me singing with you
 Helping each other to make it through
 This is the sound of voices two
 This is the sound of voices two

This is the sound of voices three
 Singing together in harmony
 Surrendering to the mystery
 This is the sound of voices three
 This is the sound of voices three

This is the sound of all of us
 Singing with love and the will to trust
 Leave the rest behind, it will turn to dust
 This is the sound of all of us!
 This is the sound of all of us

You Are Our Baker

Holy One, Our Creator – You are our Baker
 Remake us.

Break us like the flour and the bread.

When we fall apart,
 put us back together
 like the leaven of your Wisdom
 mixing with flour.

SPIRIT OF WISDOM

(by Daniel Iverson 1926)

Spirit of Wisdom, fall afresh on me
 Spirit of Wisdom, fall afresh on me.
 Melt me, mould me, fill me, use me.
 Spirit of Wisdom fall afresh on me.
 OR
 Spirit of the living God, fall afresh on me
 Spirit of the living God fall afresh on me.
 Melt me, mould me, fill me, use me.
 Spirit of the living God, fall afresh on me.

Holy One, Our Creator – You are our Baker
 Knead our spirits.

Make us see that we are not breaking apart,
 but that like flour becoming bread,
 we are breaking through.
 Make us see that we are not falling apart,
 but like the flour becoming bread,
 we are falling into place.

THIS IS HOME

(by Sophia Efthimiou) – 2nd Fr

This is home (D) where I belong (G)
 In this breath (C), in this heart (A)
 This is home (D) where I belong (G)
 In this voice (A), in this song (D)

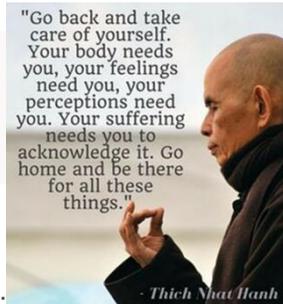
COME LIGHT OF LIGHTS

(by Ruth Cunningham)

Am G CE Am G Am
 Come light of lights into my heart
 Am G CE Am G Am
 Come wisdom of spirit into my heart

Holy One, Our Creator – You are our Baker

As we change, guide us in our becoming,
 for we are your rising bread,
 well-kneaded by some divine
 and knotty pair of knuckles,
 by your warm earth hands.
 Put each one of us in your own bright fire.
 We are warm, warm as you from fire.



I AM HERE IN THE HEART OF LOVE

[Am, G, Am, D] (by Erin McGaughan)

I am here in the Heart of love.
 Love is here in the heart of me.
 Like the flame in the fire
 and the fire in the flame.
 I am here in the heart of love.

Holy One, Our Creator – You are our Baker

Teach us that the pain we are feeling are growing pains.
 Enable us to take deep breaths,
 so that the things we don't need anymore
 can fall off of us – those shallow pieces
 that we adorn ourselves with: anger, greed, and fear.

Let them fall off of us,
 so that what will be left
 are the very best pieces of us.

Holy One, Our Creator – You are our Baker

Show us the way of turning ourselves into living bread.
 May we become leaven for each other...
 so that we become who you created us to be...
 a community of joy, hope, compassion, and courage.

Break us like the dawn,
 like the light breaking though the horizon,
 becoming into a new day.

I am here in the heart of peace.
 Peace is here in the heart of me.
 Like the wave in the water
 and the water in the wave.
 I am here in the heart of peace

I am here in the heart of hope.
 Hope is here in the heart of me.
 Like the Wind in the springtime
 and the springtime in the wind.
 I am here in the heart of hope.

IN THIS CIRCLE (by Joan McMullen)

In this circle, no fear; In this circle, safety
 In this circle, greatest love of all
 In this circle, deep peace

“You cannot heal what you do not first acknowledge.”

Richard Rohr

Hope is Deeper Than Despair

(by David Poole)

Hope is deeper than despair,

wait for the rising sun

Hope is deeper, wait for the light

CHANGE US WITH YOUR LEAVEN

(by Chaplain Donnel)

Am, G, E, Am

CHORUS: **Change us with your leaven**

Hold us in the fire of your love (2X)

VERSE 1: *Release us from our worries*

Give us the patience to wait

Nourish us in our growth

As we grow, we share our new life

VERSE 2: *Bless and ease our pain*

Give us the healing we need

Infuse us with hope and joy

As we grow, we share our new life

VERSE 3: *Accompany us in our grief*

Teach us to weather the storm

Give us strength in our journey

As we grow, we share our new life

If I'm Gonna Fall (by Ahlay Blakely)

If I'm gonna fall, if I'm gonna change

May it serve the whole, May it turn a page.

If I'm gonna fail, if I'm gonna learn,

May it serve the whole!

May it serve the future ones!

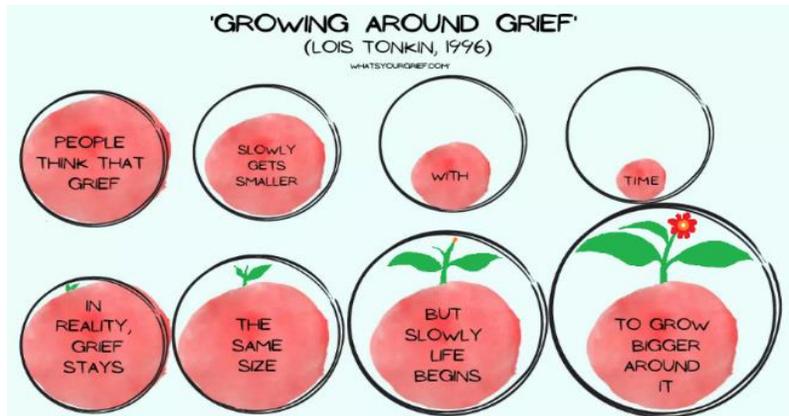
I, too, deserve belonging.

I, too, deserve to heal.

I, too, deserve aliveness --

I deserve to court the shadows here.

Apart from the leaven & fire, what are the missing ingredients that will make you grow, thrive and flourish?



THE NEXT RIGHT THING

(by Kristin Anderson-Lopez & Robert Lopez)

I've seen dark before, but not like this

This is cold, this is empty, this is numb

The life I knew is over, the lights are out

Hello darkness, I'm ready to succumb

I follow you around, I always have

But you've gone to a place I cannot find

This grief has a gravity, it pulls me down

But a tiny voice whispers in my mind

You are lost, hope is gone

But you must go on

And do the next right thing

Can there be a day beyond this night?

I don't know anymore what is true

I can't find my direction, I'm all alone

The only star that guided me was you

How to rise from the floor?

But it's not you I'm rising for

Just do the next right thing

Take a step, step again

It is all that I can do

The next right thing

I won't look too far ahead

It's too much for me to take

But break it down to this next breath,

this next step

this next choice is one that I can make

So I'll walk through this night

Stumbling blindly toward the light

And do the next right thing

And with the dawn, what comes then?

When it's clear that everything will never

be the same again

Then I'll make the choice to hear that voice

And do the next right thing



Graveyard (by Halsey)

Verse 1

It's crazy when

The thing you love the most is the detriment

Let that sink in

You can think again

When the hand you wanna hold is a weapon and

You're nothin' but skin

PRE-CHORUS

Oh, 'cause I keep diggin' myself down deeper

I won't stop 'til I get where you are

I keep runnin', I keep runnin', I keep runnin'

They say I may be making a mistake

I would've followed all the way, no matter how far

I know - when you go - down all your darkest roads

I woulda followed all the way to the graveyard

CHORUS

Oh 'cause I keep diggin' myself down deeper

I won't stop 'til I get where you are

I keep running when both my feet hurt

I won't stop 'til I get where you are

Oh - when you go - down all your darkest roads

I woulda followed all the way to the graveyard

Verse 2

You look at me

With eyes so dark, don't know how you even see

You push right through me

It's gettin' real

You lock the door, you're drunk at the steering wheel

And I can't conceal

(PRE-CHORUS + CHORUS)

Oh, it's funny how

The warning signs can feel like they're butterflies

(PRE-CHORUS + CHORUS)

REMEMBER ME

(Kristen Anderson-Lopez & Robert Lopez)

Remember me, though I have to say goodbye

Remember me, don't let it make you cry

For even if I'm far away, I hold you in my heart

I sing a secret song to you each night we are apart

Remember me, though I have to travel far

Remember me each time you hear a sad guitar

Know that I'm with you the only way that I can be

Until you're in my arms again, remember me

Recuérdame, hoy me tengo que ir mi amor

Recuérdame, no llores por favor

Te llevo en mi corazón y cerca me tendrás

A solas yo te cantaré soñando en regresar

Recuérdame, aunque tenga que emigrar

Recuérdame, si mi guitarra oyes llorar

Ella con su triste canto te acompañará

Hasta que en mis brazos estés, recuérdame

