

JOURNEYING THROUGH LIFE'S TWISTS & TURNS

Come Whoever You Are

(by Jellaludin Rumi) – 2nd Fr

Come, come, whoever you are,
wanderer, worshiper, lover of leaving.
Ours is no caravan of despair.
Come, yet again come

I AM HERE IN THE HEART OF LOVE

By Erin McGaughan; [Chords: Am, G, Am, D]

I am here in the Heart of love.
Love is here in the heart of me.
Like the flame in the fire
and the fire in the flame.
I am here in the heart of love.

I am here in the heart of peace.
Peace is here in the heart of me.
Like the wave in the water
and the water in the wave.
I am here in the heart of peace

I am here in the heart of hope.
Hope is here in the heart of me.
Like the Wind in the springtime
and the springtime in the wind.
I am here in the heart of hope.

I STILL HAVEN'T FOUND WHAT I'M LOOKING FOR (by U2)

... I have climbed highest mountains
I have run through the fields
Only to be with you (2X)
I have run
I have crawled
I have scaled these city walls
These city walls
Only to be with you
... **But I still haven't found what I'm looking for**
But I still haven't found what I'm looking for
... I have kissed honey lips
Felt the healing in her fingertips
It burned like fire
This burning desire
... I have spoke with the tongue of angels
I have held the hand of a devil
It was warm in the night

I was cold as a stone

REFRAIN

... I believe in the kingdom come
Then all the colors will bleed into one
Bleed into one
But yes I'm still running
... You broke the bonds
And you loosed the chains
Carried the cross
Of my shame (2X)
You know I believe it

REFRAIN

PEACE ALL AROUND US

(by David Haas)

Peace before us
Peace behind us
Peace under our feet.
Peace within us
Peace over us

Coming Alive Again (by David Lamotte)

When we moved here in the winter
Everything was dry and brown
Never saw the place in summer
No idea what's in the ground
Barren dogwood in the front yard
I wasn't sure if it was gone
Then about the first of April
I saw what was going on

CHORUS

Coming alive again, Coming alive
Coming alive again, Coming alive

BLESSING OUR WHOLE BODY (by Rev. Keith Menhinick)

Blessed be your feet,
May they keep you standing.
Blessed be your hands,
May they always find palms to hold.
Blessed be your breath,
May it anchor you in this present moment.
Blessed be your eyes,
May they show you more beauty.
Blessed be your mind,
May it dream new dreams.
Blessed be your heart,
May it be brave and not afraid.
Blessed be your body.
May it know purpose and rest.
May all the gentleness, courage, and compassion
that your one sacred body gives
all flow back to you
as you love the only world we have.

If I'm Gonna Fall (by Ahlay Blakely)

If I'm gonna fall
and if I'm gonna change;
may it serve the whole --
may it turn a page.

If I'm gonna fail,
if I'm gonna learn,
may it serve the whole --
may it serve the future ones!

I, too, deserve belonging.
I, too, deserve to heal.
I, too, deserve aliveness --
I deserve to court the shadows here.
(2x)

Humbly We Walk Here

(by Laurence Cole)

Humbly we walk here
Humbly we sing here
Humbly we bless this ground
2X
Humbly and with gratitude
Remembering the ancient ones
Who walk this ground
2X

We hid out in our houses
'Til the medicine arrived
Now the buds have turned to blossoms
We're stepping to the other side
It's been a long and lonely winter
It's been a long and lonely year
It's gonna take a while to understand
But one thing is getting clear

CHORUS

In the distant days of childhood
There was a story that I heard
About how dying's part of living
But it's not the final word
So the leaves that fell in Autumn
Turned to flowers in the Spring
And the sorrow of our losses
Turns to songs that we can sing

CHORUS

Awake Awake (by John Philippi Newell & David Poole)

Awake, awake, your light has come
Awake, awake, my soul, O my soul

“Life is a labyrinth. Some people wander around their whole lives looking for a way out but there’s only one path and it leads you ever deeper.”

(Quote from “Dark”, German Sci-fi series)



Lead with Love (by Melanie DeMore)

Put one foot in front of the other, and lead with love
put one foot in front of the other, and lead with love
2X

V.1

Don't give up hope, You're not alone
Don't you give up, keep moving on

V.2

Lift up your eyes, don't you despair
Look up ahead, the path is there

V.3

I know you're scared, and I'm scared too
But I'm right here, right next to you

THE NEXT RIGHT THING

(by Kristin Anderson-Lopez & Robert Lopez)

I've seen dark before, but not like this
This is cold, this is empty, this is numb
The life I knew is over, the lights are out
Hello darkness, I'm ready to succumb
I follow you around, I always have
But you've gone to a place I cannot find
This grief has a gravity, it pulls me down
But a tiny voice whispers in my mind
You are lost, hope is gone
But you must go on
And do the next right thing
Can there be a day beyond this night?
I don't know anymore what is true
I can't find my direction, I'm all alone
The only star that guided me was you
How to rise from the floor?
But it's not you I'm rising for
Just do the next right thing
Take a step, step again
It is all that I can do to do
The next right thing
I won't look too far ahead
It's too much for me to take
But break it down to this next breath,
this next step
this next choice is one that I can make
So I'll walk through this night
Stumbling blindly toward the light
And do the next right thing
And with the dawn, what comes then?
When it's clear that everything will never
be the same again
Then I'll make the choice to hear that voice
And do the next right thing

COME HEALING BREATH

(by Chaplain Donnel)

Come healing breath, come heal my mind
Come healing breath, come heal my heart
Come healing breath, come heal my soul

Walk With Me

(by Maggie Wheeler)

I walk in the spirit,
I walk in the light
I walk through the darkest
hours of night
And I call on my ancestors
to my left and my right
to walk with me, to walk with me

In Beauty Happily I Walk

(a Dine blessing; music by Johannes Somary)

In beauty happily I walk
With **beauty** before me I walk
With **beauty** behind me I walk
With **beauty** above me I walk
With **beauty** all around me I walk
It is finished in **beauty**

Spirit Still My Body

(by Charles Murphy)

Spirit, still my body
Spirit, wake my soul.
I can't tame tomorrow
Now need be my goal.
Spirit, still my body
Spirit, wake my soul
Steep me in the present
The rest God (Love) will

Breathe (by Marie Barnett)

This is the air I breathe
This is the air I breathe
Your holy presence, living in me
This is my daily bread
This is my daily bread
Your very word, spoken to me
And I...I'm desperate for you
And I...I'm lost without you
2X

IT'S OK (by NightBirde)

I moved to California in the summer time
I changed my name thinking that it would change my mind
I thought that all my problems they would stay behind
I was a stick of dynamite and it was just a matter of time, yeah
All day, all night, now I can't hide
Said I knew myself but I guess I lied
It's okay, it's okay, it's okay, it's okay
If you're lost, we're all a little lost and it's alright
It's okay, it's okay, it's okay, it's okay
If you're lost, we're all a little lost and it's alright
It's alright, it's alright, it's alright, it's alright
I wrote a hundred pages but I burned them all (Yeah, I burned them all)
I drove through yellow lights and don't look back at all (I don't look back at all)
Yeah, you can call me reckless, I'm a cannonball (uh, I'm a cannonball)
Don't know why I take the tight rope and cry when I fall
All day, all night, now I can't hide
Said I knew what I wanted but I guess I lied

