

Change in Boiling Temperature

IN THIS CIRCLE (by Joan McMullen)

In this circle, no fear
In this circle, safety
In this circle, greatest love of all
In this circle, deep peace
In this journey...
In this body...
In this moment...

Beautiful Ordinary Life (by LR Knost)

Life is amazing.
And then it's awful.
And then it's amazing again.
And in between the amazing and the awful it's ordinary and mundane and routine.
Breathe in the amazing, hold on through the awful, and relax and exhale during the ordinary.
That's just living. Heartbreaking, soul-healing, amazing, awful, ordinary life.
And it's breathtakingly beautiful.

Our Tears Falling Down Like Rain

(by Paul Vasile; Psalm 126:6)

Our tears, falling down
like rain to the ground
will water seeds of change

Let it be, let it be,
let it be, let it be
Let it be, O let it be

If I'm Gonna Fall

(by Ahlay Blakely)

If I'm gonna fall, if I'm gonna change
May it serve the whole, May it turn a page.
If I'm gonna fail, if I'm gonna learn,
May it serve the whole!
May it serve the future ones!
I, too, deserve belonging.
I, too, deserve to heal.
I, too, deserve aliveness --
I deserve to court the shadows here

COME HEALING BREATH (by Chaplain Donnel)

Come healing breath, come heal my mind
Come healing breath, come heal my heart
Come healing breath, come heal my soul
Come healing breath, come heal the world

SPIRIT OF WISDOM

(by Daniel Iverson 1926)

Spirit of Wisdom, fall afresh on me
Spirit of Wisdom, fall afresh on me.
Melt me, mould me, fill me, use me.
Spirit of Wisdom fall afresh on me.

OR

Spirit of the living God, fall afresh on me
Spirit of the living God fall afresh on me.
Melt me, mould me, fill me, use me.
Spirit of the living God, fall afresh on me.



DO THINGS WITH GREAT LOVE

I may never do great things
that can move earth and heaven above
but I can do small small things
and do them with great love
and do them with great love

