

# Mantle of Peace

(Adapted from a prayer by Dr. Dayres Reliquete)

In our interactions, may we wear a mantle of peace and perspective, allowing us to be fearless, yet humble.

In our busy workday, may the shroud of pressure and anxiety be lifted especially in tense situations.

May our hearts and spirits settle into a holy equilibrium – so that deep beneath the surface noise and melee and even helpful sacred adrenalin that gets the job done,

we are still,

we are content,

we are unshaken.

