

Chaplain Donnel Miller-Mutia



Greetings. Spiritual Care Services welcomes you to Presbyterian Kaseman Hospital. As active members of the interdisciplinary team, chaplains function to provide spiritual and emotional support. Chaplains visit patients, families and staff

throughout the hospital. Our goal is to assist you in your recovery.

We encourage you to fully use your spiritual resources to help in your healing. Feel free to contact your own spiritual leader or clergy person for a visit. A chaplain will assist you if necessary. True health results from care of the whole being: the body, mind, and spirit.

Dietary requests based upon religious beliefs may be discussed with your physician, attending nurse or dietician.

PRESBYTERIAN Healthcare Chaplains

Chaplains offer a non-threatening, non-judgmental compassionate listening presence that honors the spiritual views of the person. We attend to the spiritual needs of everyone: the religious and the non-religious, the spiritual and even those who do not consider themselves spiritual. We are available to help you identify your inner resources that support your resilience during your hospitalization.

Presbyterian Healthcare chaplains are clinically trained interfaith caregivers in hospital settings,

with Master of Theology or Divinity degrees, and endorsed by respective denominations or faith traditions.

When to call a Chaplain. Spirituality can be a great source of comfort for people; however, when person is facing a loss, physical and/or emotional pain, or other challenges, they may experience spiritual distress. Spiritual distress occurs when a person is no longer able to find meaning, peace, comfort, strength or connection to life. Sometimes it happens in [grief](#).

What to look for that might be indicators that a person may be experiencing spiritual distress:

- Sadness, anger, grief, despair, depression, anxiety, guilt, disappointment.
- Questions the meaning of life.
- Questions the meaning of suffering.
- Asks why this is happening, “Why now?”, “Why me?”
- Questions his/her belief system or world view.
- Feels a sense of emptiness, hopelessness, loss of direction, abandonment.
- Talks about feelings of being left or forgotten by God/Higher Power.
- Seeks spiritual help or guidance.
- Pain and other physical symptoms may be expressions of spiritual distress.

Other situations when a chaplain might be helpful

- Feeling anxious about your health condition.
- Celebration or share a blessing.
- Anticipatory surgery or diagnostic procedure.
- Making difficult healthcare/ethical decisions.
- Facing end-of-life issues.
- Receiving news of a bad prognosis.
- Assistance with Advance Medical Directives.
- When you want someone to offer a prayer for you.
- When you are grieving a loss.
- When you are feeling alone.

- Receive a sacrament or anointing.
- Request for religious literature or items.
- Overwhelmed by life issues in addition to your illness.

Hospital Staff. Hospital staff are encouraged to utilize chaplaincy services in their times of crisis or distress while at work. Chaplains also provide a blessing of your *work space*, and blessing of your *healing hands*. Chaplains support staff towards emotional balance (stress management), mental clarity and sustaining resilience. For a link to resources for staff, go to this [link](#): www.growingedgesnm.com/healthcare-staff.html

Interfaith Chapel. Our Chapel is open from 7 am to 8 pm for prayer, meditation, and quiet time for personal reflection. A 15 minute interfaith silent prayer/meditation is scheduled & led by Chaplain Donnel at 8am on Mondays, Wednesdays, & Thursdays, and Fridays at 4:30pm. We invite you to write prayer requests on the provided cards and to drop them in the box. They are kept in confidence and intercession is offered by our interfaith chaplains.



Other resources online

Chaplain: www.growingedgesnm.com/chaplaincy.html
Grief Resource: www.growingedgesnm.com/grief.html
Staff Resource: www.growingedgesnm.com/healthcare-staff.html