

DECONSTRUCTION ART: TRANSFORMING THE CAGE INTO A FLYING BIRD

Materials

- Print the “cage sheet” in different colored papers, so participants can pick the color they prefer in this activity
- Print the “bird sheet” in a card stock paper (thicker than regular paper).
- Glue stick

Instructions

- Give each participant a cage sheet (in colored paper), and bird sheet (in thick paper).
- Invite participants to write a word, phrase or sentence on (within the borders of) the cage that represents that which keeps them trapped.
- Then invite them to tear up the cage with their word or phrase into smaller pieces so they can glue them as feathers into the bird.
- When they’re done turning the cage page into a bird, invite them to write on their finished “bird sheet” a word or phrase that represents that which lifts them up, or makes them free.



