

Closing Prayer Ritual with Candle

(Do: Invite someone to light the candle. When the candle is lit, put it in the center of the circle.)

Say:
Sacred wisdom tells us that we do have to be anxious about anything. Some things that can help us be less anxious are to make requests in prayer, or name a healing intention AND to remember the things we are thankful for. As we finish our time together, let's take time in Silence to think of our healing intentions, prayers and thanksgivings.

(Do: Ring bowl bell to enter silence. Wait for 30 seconds to 1 min. Ring Chime to end silence)

Say:
As we pass the candle, when you receive it offer up a prayer of request and/or thanksgiving. You can also choose to take another moment of silence when you have the candle.

(Do: Pass candle all the way around the circle for everyone to have a turn. Return candle to the middle of the circle)

Say a blessing of your choice or the one below:

May you begin to see a flicker of light
sparkling in the distance,
dancing next to you,
and illuminating your path,
and...

May the small light you see remind you
of the light that lives within you.

Amen.

("A Blessing for Light" by Chaplain Alisa)
*Ritual created by Rev. Sylvia Miller-Mutia

