



## FOUR CANDLES CEREMONY

*(Adapted by Children's Grief Center NM  
from work written by Darcie D Sims and Sherry L Williams)*

**The first candle represents our grief.**

We light this candle knowing  
the pain of losing you is intense.  
It reminds us of the depth of our love for you.

**This second candle represents our courage.**

We light this candle to honor the courage  
to confront our sorrow, to comfort each other,  
to change our lives.

**The third candle represents your memory.**

We light this candle for the times we laughed, the times we cried,  
the times we were angry, the times we were silly.  
For the caring and joy you gave us.

**This fourth candle represents our love.**

We light this candle to signify that your light will always shine.  
in the special place in our hearts reserved for you.

We thank you for the gift your living brought to us.  
We love you.  
We remember you.