

WHAT BOAT WILL HELP YOU STAY AFLOAT?

(spiritual needs)

FREEDOM



- Voice / Identity
- Purpose / Vocation
- Agency / autonomy

MEANING



- Deep fulfillment
- Inspiration
- Flourishing

CONNECTION



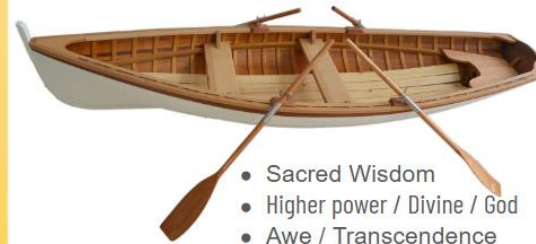
- Love
- Community
- Belonging / Relationships

PEACE



- Comfort
- Harmony
- Tranquility

HOPE



- Sacred Wisdom
- Higher power / Divine / God
- Awe / Transcendence